

Alder Grove Primary Spring Menu 2022

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
03/01/2022
24/01/2022
14/02/2022

Option 1	Vegetable and Bean Fajitas with 50/50 Rice	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish Fingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Vegan Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Homity Pie with Chips
Vegetables	Green Beans Carrots	Coleslaw Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Fruit and Yoghurt Station	Oaty Cookie	Apple, Cheese and Biscuits

Week Two
10/01/2022
31/01/2022

Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	BBQ Chicken Stew with Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with Couscous	Roasted Cauliflower Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Green Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Fruit and Yoghurt Station	Peach Upside Down Cake	Apple Flapjack

Week Three
17/01/2022
07/02/2022

Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Turkey with Roast Potatoes and Gravy	Chicken, Lentil and Gravy Pie with Mashed Potatoes	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegan Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips
Vegetables	Broccoli Sweet Corn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Fruit and Yoghurt Station	Eves Pudding and Custard	Pinwheel Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.