## caterlink feeding the in

Week One

29/08/2022

19/09/2022 10/10/2022

07/11/2022

28/11/2022

19/12/2022

16/01/2023

06/02/2023

## Aldergrove Autumn / Winter 2022 Menu



Fishfingers with Chips

Cheese Quiche with

Apple, Cheese and

Chips

Mushy Peas

Crackers

Baked Beans



Power

Vegan

Wholemeal

Added Plant

## **Available** Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Bread freshly baked on site daily

- Daily salad selection

## **ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of

contamination.

magination		Monday	Tuesday	Wednesday	Thursday	Friday
	Option 1	Cheesy Swirl with New Potatoes	Chicken Curry with Rice	Roast Turkey, Roast Potatoes and Gravy	Build a Burger Day A choice of	Fishfingers with Chips
	Option 2	Tomato Pasta	Aubergine and Potato Curry with Rice	Crunchy Top Veg Bake with Roast Potatoes	Beef Burger (meat, or vegan) with Toppings and Potato Wedges  BURGER	Cheese Omelette with Chips
	Vegetables	Cauliflower Green Beans	Peas Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Roasted Peppers	Peas Baked Beans
	Dessert	Pear and Chocolate (1) Crumble with Custard	Yoghurt & Raisin Cake	Fresh Fruit and Yoghurt Station	Seasonal Root Cake	Vanilla Shortbread
		On an about a set Variable of Search English annual table shalls				

Or a choice of Yoghurt & Fresh Fruit available daily

Week Two	Option 1	Mac and Cheese Station	Chicken Pie with Mashed Potato	Sausage, Onions and Gravy with Mashed Potato	Spaghetti Bolognaise with Garlic Bread	Fishfingers with Chips
05/09/2022 26/09/2022 17/10/2022	Option 2	A choice of different Mac & Cheese flavours, with vegetarian toppings	Veggie Shepherd's Pie with Gravy	Cauliflower and  Broccoli Cheese with  Mashed Potato	Vegetable Fajitas with Rice	Cheese and Bean Pasty with Chips
14/11/2022 05/12/2022 02/01/2023	Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Brussel Sprouts	Green Beans Roasted Butternut Squash	Peas Baked Beans
23/01/2023	Dessert	Jelly with Mandarins 🔷	Chocolate Drizzle Cake	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard	Oaty Cookie
		Or a choice of Yoghurt & Fresh Fruit available daily				

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Week Three	Option 1	Cheese and Tomato Pizza	Sausage Roll with Potato Wedges		Sticky Chicken Noodles		
12/09/2022 03/10/2022 31/10/2022	Option 2	Veggie Chilli with Rice	Veggie Sausage with Potato Wedges	flavoured chicken or vegan Quorn,  With Potato Wedges and Salads	Chinese Vegetable Curry with Rice		
21/11/2022 12/12/2022	Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Cauliflower Peas	Broccoli Carrots		
09/01/2023 30/01/2023	Dessert	Marble Cake	Chocolate Cookie	Fresh Fruit and Yoghurt Station	Banana Sponge with Custard		

Or a choice of Yoghurt & Fresh Fruit available daily