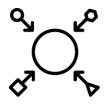


Curriculum Statement for Physical Education at Alder Grove CofE Primary School









Community Centred

Proactive Citizenship

Inclusive Education

Intent

Alder Grove CofE Primary School aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. At Alder Grove we intend to provide a wide range of active experiences and clubs in order to inspire our children to have a go, develop self-belief and build confidence in their skills and abilities. It is our intention that our children obtain the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond. We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children's well-being. We intend to build strong links with local clubs and partnerships within our community to ensure the children and families receive the support and knowledge they need.

Implementation

At Alder Grove, our PE lessons are planned using the GetSet4PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. GetSet4PE is planned so that progression is built into the scheme which ensures our children are increasingly challenged as they move up through the school. The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area.

Alongside the weekly PE sessions, we offer a range of extra-curricular clubs to develop existing talentand to allow children to experience new sports. Children also have opportunities to participate in events and tournaments across the local borough.

Intended Impact

Pupils will leave Alder Grove with a good foundation for leading a healthy lifestyle and a passion for engaging in physical activities. Pupils will have a clear understanding of the importance of exercise



and the necessity of maintaining a balanced diet which will positively impact their physical and mental health. They will enjoy engaging in competitive sports and activities and develop and understand the importance of the core skills of communication, collaboration and cooperation which will enable them to compete and excel not only in a broad range of physical activities but also in their day to day life.

Assessment

Assessments of the children's knowledge and understanding will be ongoing throughout the year. Assessment will include observations, discussions and written outcomes. A summative assessment of whether a child is working at age related expectations plus their attitude to learning PE will be reported to parents/carers in a written annual report.

